

ACT5 & ACT6 Assembly & Operating Instructions

"Thank you very much for acquiring one of our ACT5 or ACT6 chairs. We hope that you get many years of benefit from using it.

When it arrives you will be pleased to know that the difficult parts are already assembled. This short document will show you how to assemble the remaining few parts and the function of each of the levers and knobs.

Once it is assembled we highly recommend that you sit in your new chair and watch the product demonstration of the chair on our website. This will show me demonstrating the functionality of the chair and tips and advice on sitting positions that may help you get the most out of your chair.

The videos can be found at:

<http://downloads.ergo-centric.net/videos-new/video-act5.htm>

<http://downloads.ergo-centric.net/videos-new/video-act6.htm>

If we can be of any further help or assistance, please call our Customer Service department FREE on 0800 280 0656. We will be happy to help.

Once again I thank you for your purchase. Your business is greatly appreciated."



Stuart Ferguson
Managing Director

Upon Delivery

The chair will be delivered by courier in a large cardboard box. Carefully cut open the flaps on the top (ensuring you don't cut so deep as to damage the upholstery) and lift the contents out.

Important

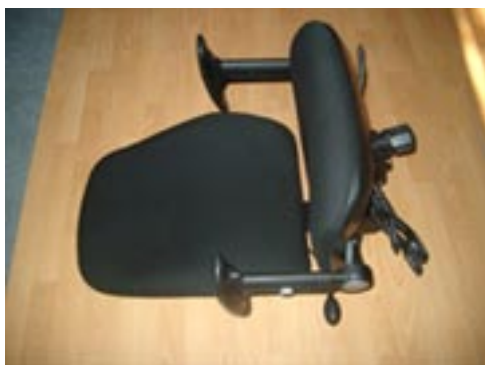
If you have taken delivery of this chair as part of our "Try Before You Buy" scheme please take care when opening the packaging as the chair may have to be collected by a courier should you decide not to keep it or if we need to exchange it for one in the colour of your choice. If this is the case then the chair will need to be boxed again before the courier will accept it.



Contents

The box will contain the following items:

- Seat (with arms fitted if ordered)
- Back
- Gas Lift
- Foot Base
- Telescopic Gas Lift Cover



Seat & Back (After Assembly)



Gas Lift



Foot Base



Gas Lift Cover

Assembly

Assembling the chair could not be more straight-forward.

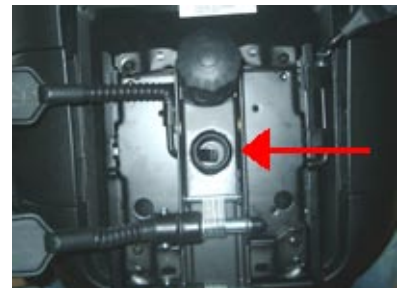
1. Place the seat flat on the floor. At the back of the seat you will see a bracket that is ready to accept the clip that is attached to the back.



2. Guide the clip on the back into the bracket on the seat. The flanges on the clip should be guided into the matching grooves of the bracket.



3. Lay the seat and back on its side so you can easily see the hole on the base for the Gas Lift.



4. Pick up the Gas Lift and the Gas Lift Cover and hold them side by side with the narrow end of both pointing in the same direction.



5. Place the telescopic Gas Lift Cover over the top of the narrow end of the Gas Lift.



6. Place the top of the Gas Lift into the circular hole in the centre of the under-seat mechanism.



7. Push the Foot Base onto the wide part of the Gas Lift.



8. To right the chair into a vertical position, place your foot in front of a rear castor to stop it moving and pull the top up vertical.



9. When on its castors, sit in the chair. Your body weight will force by friction the Gas Lift into the relevant holes and your chair will then be ready to use.



Additional Assembly Assistance

If you have not already done so we strongly recommend that you watch the relevant product demonstration video to help you understand the true functionality of the model. They can be found by following these links:

ACT5: <http://downloads.ergo-centric.net/videos-new/video-act5.htm>

ACT6: <http://downloads.ergo-centric.net/videos-new/video-act6.htm>

As a reference guide, the following pages explain the functionality of each of the levers and knobs.

Operating Instructions: ACT5 & ACT6 Orthopaedic Chair



The main features of the ACT5 & ACT6 are indicated in the diagram above. The following pages explain each of the features in more detail.

1



Seat Height Adjustment:

Lift lever (1) to raise and lower seat height.

2



Seat and Back Angle Adjustment:

Lift lever (2) to alter chair positions, push lever down to lock in desired position. Leaving lever in "up" position will allow "free float" option.

3



Back Angle Adjustment:

Lift lever (3) to adjust back angle, release lever to lock.

4



Body Weight Tension Adjustment:

When seated wind knob (4) clockwise to loosen and anti-clockwise to tighten.

5



Seat Slide Adjustment:

Lift lever (5) and slide either backwards or forwards to increase or decrease seat depth. Lever is located on left front under seat (not visible in diagram above).

6



Back Height Adjustment (6):

Raise the back manually to desired height. Ratchet mechanism will lock in several height positions. When ratchet reaches the top it will release to the lowest setting.

7



Inflatable Lumbar Support:

To inflate the Lumbar Support (7) squeeze the pump until the Lumbar Support cushion in the seat is inflated to your desired level.

To deflate the Lumbar Support press and hold the button at the top of the pump to let out the air.

8

Arms:

There are two types of arms available namely the Height Adjustable Foldaway arms and the Standard Height Adjustable arms.



Height Adjustable Foldaway Arms:

From the vertical position press the button at the top of the aluminium disk (hinge) whilst at the same time pushing the arm backwards.



When lowered fully the arm sits horizontally in line with the seat.

Depress the button again and lift the arm to revert to the vertical position.



Standard Height Adjustable Arms:

Lifting the button on the side of the arm allows the arm height to be raised & lowered.